



# internal beauty clinic

1 Abbey Road . Shepley . Huddersfield . HD8 8EP

**Web:** [www.internalbeautyclinic.co.uk](http://www.internalbeautyclinic.co.uk) **Tel:** 01484 607 133

## **PRICE GUIDE**





internal beauty clinic

## **WELCOME TO OUR CLINIC**

Our team of professional staff is led by clinic owner Lisa Monaghan-Jones RGN. Independant Nurse Prescriber. Dip.G.BCCH.MGCH.RT Dip.ITEC APM.Dip. ITEC Beauty, who is advanced trained in medical aesthetics.

Unlike the majority of salons/beauticians this clinic does not bring in outside companies to administer Botox and cosmetic fillers, allowing us to offer appointments five days a week and provide a continuity of care for our clients.

Lisa is an advanced trained aesthetic practitioner who qualified under leading consultant plastic surgeon Adrian Richards (FRCS Plast) who provides training accredited by the Royal College of Physicians, allowing Lisa to provide the best possible results with the highest standards of care, in private spacious clinical surroundings.

## **Summary of Specialist Treatments on offer:**

### **Dermal Fillers**

Treatment for enhancing lips and improving lines around the nose and mouth area, forehead and even cheek augmentation.

**From £180.00**

### **Juvéderm Hydrate**

Multi-injection into the dermal epidermal junction and into the superficial dermis to improve skin hydration and elasticity. Suitable for the neck, cheeks and multiple mouth lines to create a smoother, more youthful appearance.

**Course £390.00**

### **Botox**

No doubt the world's most popular cosmetic treatment for line and wrinkle relaxing to the brow, forehead and crows feet area.

**From £170.00**

### **Lower Face Botox - Neck and Jaw**

Small injections into the platysmal bands of the neck to tighten the texture of the skin or injections into the jaw line for lift and definition, suitable for women and men.

**From £170.00**

### **Hyperhidrosis**

Treatment for excessive sweating, involving tiny injections to the axillary areas.

**From £400.00**

### **Chemical Skin Peels**

Uncover a more youthful skin. This treatment stimulates collagen production, softens lines and reduces sun and age spots to the face, neck, hands and décolletage area. Treatments are also available for acne or pigmentation problems to face, back & body.

**From £70.00 - £390.00**

### **Mesotherapy – Anti-ageing**

Rejuvenate and improve texture, tone and elasticity. This can be combined with a peel - infusing the skin with micro-droplets of vitamins and collagen stimulating agents without pain or bruising to the facial area. It can also be small injections alone into the cheeks, neck, décolletage or hand area, to revive ageing skin, restoring, plumping and firming.

**From £390.00**

## **Microdermabrasion**

Non surgical method of rejuvenation by mechanical skin exfoliation without chemicals or lasers. Medical microdermabrasion offers a painless alternative to chemical peels/lasers restoring smoother younger looking skin. Suitable for fine lines/sun damaged skin/acne prone skin/blackheads and whiteheads. Age spots & hyperpigmentation, patchy skin.

**£39.00**

## **Colonic Hydrotherapy/Irrigation**

One of our most popular sought-after treatments for the relief of constipation, bloating, irritable bowel syndrome, fatigue and many other symptoms. Warm purified water is gently introduced into the colon, whilst the nurse uses massage techniques to release stored matter, producing a feeling of well being. Diet, lifestyle, weight and blood pressure are all monitored. Your modesty is protected throughout.

**£50.00**



Obagi products are designed to minimize the appearance of premature skin ageing, skin damage, hyperpigmentation, acne, and sun damage and are primarily available through dermatologists, plastic surgeons, medical clinics.

## **Obagi Nu-Derm**

The #1 physician-dispensed skin care system that helps correct and reduce signs of skin aging to reveal beautiful, healthy-looking skin. Available for Normal to Dry Skin and Normal to Oily Skin. There is a prescriptive strength peel only available upon consultation and used for 18 weeks at home during which time you must attend for regular reviews. Transform Your Skin From the Inside.

The Nu-Derm peel System penetrates the skin's surface to transform the skin's appearance and help correct the damage within... revealing healthy, younger-looking skin.

### **Nu-Derm is ideal if you have:**

- Age spots
- Rough skin
- Erythema (redness)
- Sallowiness (yellowish complexion)
- Hyperpigmentation (discoloration)

# MEDI Facials

## Medi-Facial

Our medi-facials use science to deliver results through a relaxing and enjoyable experience.

It starts with a gentle cleanse using cosy, warm mitts to open up the pores and remove any dirt and debris that has been collected from your busy day.

Then a light exfoliation with fruit enzymes, diamond microdermabrasion or something a little deeper like a glycolic chemical peel.

Finally we finish with the award winning Dermalux Phototherapy, that not only leaves you feeling like you've had a wonderful day in the sun, but gives you the benefits of blue light to help with bacteria, pores and blemishes – red light to help strengthen the skin whilst soothing and calming, and the white light for that all important collagen and elastin production to keep ageing skin young and fresh.

**£60.00**

## Luxury Medi-Facial

Our Luxury Medi-Facial is for people who take having great skin and looking good seriously. It's a combination of the proven medical science with pampering and relaxation, so it's perfect for some serious me time. The facial is 90 minutes which means your medical aesthetician can tailor the facial to your exact skin needs and achieve the best results.

It starts with a gentle cleanse using cosy, warm mitts to open up the pores and remove any dirt and debris that has been collected from your busy day.

Then exfoliation – So let our experts do all the thinking for you and decided on either a very light exfoliation with fruit enzymes, diamond microdermabrasion or something a little deeper like a glycolic chemical peel.

Now to make you feel blissful and removed from the hectic world outside with a relaxing shoulder massage whilst you enjoy a facial mask tailored to your skin type.

Finally we finish with the award winning Dermalux Phototherapy, that not only leaves you feeling like you've had a wonderful day in the sun, but gives you the benefits of blue light to help with bacteria, pores and blemishes – red light to help strengthen the skin whilst soothing and calming, and the white light for that all important collagen and elastin production to keep ageing skin young and fresh.

This luxury facial is a firm favourite with celebrity clients and is now available to everyone. Whilst its cost might make it a treat for some – for those who want great skin that attracts compliments it will be an essential.

**£80.00**

## Advanced Technologies

EXILIS ELITE™



Exilis Elite™ offers a revolutionary non-invasive form of treatment for the reduction of wrinkles and tightening of sagging skin to the face and body. Exilis Elite™ treatments can postpone or eliminate the need for invasive surgery with visible results often seen after the first treatment. No needles, scarring or bruising, results will unfold over 2-3 months leaving sagging skin naturally tightened and truly radiant.

**Price on application**

Dermalux™



Dermalux is the award winning, latest generation of LED Phototherapy, a non-invasive skin treatment which accelerates the body's own natural repair processes to improve a poor complexion, signs of ageing (including lines and wrinkles on the face, hands or body) sunburn skin damage, pigmentation and overall skin health.

Safe, convenient, painless and even relaxing, we harness the power of 3 specifically chosen light waves (red, near infrared and blue light treatment) that are absorbed by the skin to treat a variety of common skin conditions, such as Acne, Rosacea, Psoriasis, Eczema and Dermatitis.

**Price on application**

DermaTroller®

Dermaroller, are true market leaders in skin needling. We are very successful with results. We have now evolved this technology and are very excited to introduce the NEW Dermastamp to you today. Clinically proven to stimulate the skin and help reduce the appearance of scarring, German engineered, DermaTroller has developed a stamping device that increases skin stimulation and takes standard skin needling to a new level. The Dermastamp uses vertical penetration to create infusion channels into the skin to instantly create hydration with hyaluronic acid and infuse skin stimulating ingredients.

Dermastamp uses very fine needles to promote skin stimulation and skin rejuvenation. This is unlike any heat based technology as there is no skin burning and skin coagulation. The side effects are dramatically reduced and the risk, almost zero.

**Price on application**

*Pulsar*  
The visible difference **Intense Pulsed Light System**

Pulsar has been clinically proved to permanently reduce hair growth from all parts of the body, including the face. Suitable for virtually all hair and skin types including tanned, and dark skinned clients. Pulsar is also suitable to treat photo rejuvenation, pigmented lesions, red veins of the face and vascular lesions, scar and stretch mark reduction, active acne.

**Price on application**



The CACI Ultra-Facial is at the pinnacle of non-invasive anti-ageing treatments, combining the award-winning lifting and toning elements of the CACI non-surgical facelift with the world renowned skin regenerating properties of Futur-Tec. The results are immediately visible and noticeable improvements include: softened lines and wrinkles, sun damage reduction and a general tightening and toning of the face. This anti-ageing treatment is recognised across the globe and recommended by top dermatologists like Dr Nicholas Perricone: "The CACI Ultra is unrivalled when it comes to maintaining a lifted, firm and toned face and neck."

**CACI Classic**

**Non-surgical Facelift**      **£45**  
**Hydratone Mask**            **£5 extra**

**CACI Ultra**

**Ultra Skin Rejuvenation**    **£50**  
**Hydratone Mask**            **£5 extra**



**HD Brows is not just a luxury, it's a necessity.**

Now thanks to a unique seven-step brow-shaping treatment, you can have the ultimate in well-groomed, high definition eyebrows. HD Brows not only puts celebrity beauty within your reach, the system is also totally affordable. Be warned - Once you've tried it, you'll love your new brows so much there'll be no turning back!

HD Brows is a high-precision procedure that transforms even the most over plucked brow into its perfect shape, dramatically enhancing your facial features. This isn't just shaping and tidying – HD Brows is eyebrow artistry.

**From £25.00**



**Nouveau Contour Permanent Makeup**

Make time for yourself with Permanent Makeup and get the look you want, for longer! Permanent Makeup can enhance your brows, eyes and lips and the results last, meaning you save time on your daily beauty routine!

You can look your best, morning, noon and night. It is the most positive, life-changing beauty treatment you can have.

**Price on application**



# ENVIRON®

## THE ENVIRON MISSION

At its heart, Environ's mission is to provide proven, cutting-edge technology and sound skin science principles in creating skincare for women and men from youth to maturity, as well as children, all skin types and ethnicities.

Prominent Cape Town plastic surgeon Dr Des Fernandes became interested in the mechanics of skin cancer and the skin following the untimely deaths of two young patients due to melanoma. Through his research, he discovered the essential role of vitamin A in skin health and he became determined to create treatments that would maintain healthy skins, especially as the incidence of sun-related skin disorders grows worldwide. Out of this the Environ range and company were born.

### **Environ Active Vitamin Facial**

'Results driven' Vitamin A and C to penetrate the skin to hydrate and stimulate the skin. Customised to 3 areas.

**1 hour from £50.00**

### **Environ Purifying Treatment**

Anti-ageing LAC PAM gel peel using 10% lactic acid. Excellent for very dry skin and photodamaged skin. Lightens pigmentation and reduces scarring.

**30 mins from £45.00**

### **Environ Hydraboost Treatment**

Uses micro current to re-programme muscles, tightening, lifting and revitalising. Amazing results after one treatment! With hydrating serum.

**1 hour from £55.00**

### **Environ Advanced Active Vitamin Treatment**

Non surgical face lift, combining 2 fantastic facials to give optimum results.

**90 mins £80.00**

### **Environ Men's Facial**

Customised facial using appropriate serums. Nothing complicated, just superior products designed with men in mind.

**1 hour from £50.00**

# ÉMINENCE

## ORGANIC SKINCARE

Award winning skincare line that is handmade using organic ingredients and delivers the most amazing results.

Éminence Organic Skincare addresses a variety of skin concerns such as premature ageing, sensitivity and rosacea, acne, hyperpigmentation and uneven skin tone. Decades of herbal craftsmanship combined with modern skincare innovations means that Éminence is one of the most potent, chemical free skincare ranges available.

Using this bounty of results-oriented products, you can really see and feel the difference immediately! Éminence is the choice of top quality spas, salons and skincare professionals worldwide, gracing faces from Hollywood to the girl next door.

- Award-winning, most effective skincare in the natural and organic skincare industry
- Proudly free of parabens, propylene glycol, SLS, artificial colours and fragrances, mineral oils and petroleum
- Member of Organic Trade Association
- Certifications from Biokontroll-Hungaria and USDA
- Sustainable environmentally friendly farming and production practices
- Hand-picked and handmade with no mass production
- Cruelty-free - Never tested on animals

### **Age Corrective Facial - £45**

Collagen boosting & tightening with revolutionary natural Retinol alternative & PhytoCellTec™

### **Clear Skin Vitaskin™ Facial - £45**

For oily, acne prone skin

### **Bright Skin Vitaskin™ Facial - £45**

To banish uneven skin tone and hyperpigmentation

### **Calm Skin Vitaskin™ Facial - £45**

For sensitive & Rosacea prone skin

### **Arctic Berry Renewal Facial with Peptide Illuminating Complex - £55**

Peel and reveal fresher, clearer, more illuminated skin

### **Yam & Pumpkin Enzyme Peel - £55**

Renew & revitalise with naturally active enzymes for damaged, pigmented skin

### **Rejuvenating AHA "Fire & Ice" Facial - £55**

Ideal wake-up for fatigued skin

### **Gentleman's Refresh - £45**

Soothing and hydrating facial

# Karin Herzog

— SWISS MADE —

WORLD LEADER IN OXYGEN SKINCARE

Karin Herzog is the world leader in oxygen skincare. Its unique patented technology contains active oxygen which will replenish the lost oxygen in the skin cells. All skin functions will be optimised, therefore slowing the aging process and diminishing fine lines and wrinkles. Our products deeply hydrate and revitalize the skin, treating acne and blemishes effectively through their natural antiseptic properties.

The Karin Herzog skincare range works to restore the natural vitality of the skin in a fast and efficient way. Founded more than 40 years ago at the shore of Lake Geneva, thousands of loyal customers stand for the effectiveness of the results which are immediate and visible. Skin care formulas with active oxygen are hypoallergenic and are suitable for all skin types, even sensitive skin. From the Karin Herzog Lab to you.

## **Pore Draw**

"Voted the best facial in the world by The Times." This is a deep detoxifying extraction facial that spring cleans the skin. This facial gets you started on the way towards clearer skin that is balanced and clear of major congestion. Using the patented oxygen formulas it ensures sterile conditions and helps solve the problems of congestion, leaving the skin feeling so refreshed and clean.

**£50.00**

## **Smoothie**

This luxurious hands on treatment makes the most of the oxygen and vitamin creams. Using mild fruit acid serums to gently exfoliate, this facial reveals fresh oxygenated youthful skin. The skin looks fresher and gives the appearance of having just completed a ski run, resulting in an instant face-lift and radiance that last long after leaving the salon. A truly unique experience. This treatment guarantees long term dividends and must be the best way to feed your face!

**£50.00**

## **Glyco Rose peel**

A fabulous mini facial with staggering results. This is the facial for busy clients who demand performance. We use a safe and gentle glycolic acid, rose essential oil as well as our oxygen products. This treatment revives tired looking skin and helps soften fine lines. The root to its enhanced performance lies in the art of acupressure. Essential for dry, mature skin, those clients wanting an age management programme of those with concerns about uneven pigmentation.

**£35.00**

# Karin Herzog

— S W I S S M A D E —

WORLD LEADER IN OXYGEN SKINCARE

## **Anti ageing**

This Anti ageing facial with AHA renews and refreshes the skin & removes dead skin cells to reveal a glowing luminous complexion . It has a significant anti ageing effect thanks to the combination of oxygen and vitamin A and has even been referred to by the international press as the "face lift without lifting".

**£60.00**

## **Chocolate Facial**

Chocolate contains fibre, essential fatty acids, proteins, glycerides, polyphenols, manganese, phosphorus, potassium, plus additional vitamins, which all combine to create very real and visible results. Polyphenols are known for their anti-oxidant properties, whilst glycerides deliver moisturizing lipids and fats to plump and firm the skin. The remaining minerals are necessary for healthy cell growth and renewal. In addition, because our products do not contain perfume, there is an unmistakable aroma of pure chocolate, which is known for its anti-depressant and stimulatory effect to lift and energise the spirits.

New research shows that cocoa has a higher concentration of anti-oxidants than red wine and both black and green tea. Cold chocolate milk does not have the same antioxidant benefits, as heat triggers the release of antioxidants from the cocoa. This is the reason we heat the chocolate in our mask and only offer hot chocolate as the after treatment drink, to further enhance the results.

**£60.00**

## **Oxy Slim Body Contouring Treatment**

This beautiful slimming treatment will improve and enhance the appearance of the skin , melt away inches and diminish cellulite.

**£60.00**

## **Oxy-Back Treatment**

Certain areas of the body are prone to breakouts of acne . This treatment will help achieve the clean and healthy skin you desire and diminish acne and blemishes effectively.

**£45.00**

## Hot Stones

### Hot Stone Treatments

A speciality massage that uses smooth heated volcanic type stones that retain heat, placing the hot stones on the body and arranging them along the energy centers of the body help relax muscles, reduce pain and intensify a deep massage as the heat penetrates the body.

**30 mins (back) £25.00**

**45 mins £35.00**

**Full Hour (full body) £45.00**

### Back, Neck and Shoulder Massage

Relaxing and tension relieving.

**£25.00**

**Full Body Massage £40.00**

**+ add a scrub to the above massages for £20**

## Nail Enhancements

O·P·I

Place your hands in our care  
with Creative Shellac nails

French Polish **£10.50**

Soak Off Prior To Shellac **£7.00**

Reshape & Polish **£12.00**

Manicure **£20.00**

Manicure & Pedicure **£38.00**

Pedicure **£20.00**

Shellac Nails **£25.00**

Manicure and Shellac Nails **£35.00**

Pedicure and Shellac Nails **£35.00**



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## **Pamper Days**

### **Pamper 1**

3 - 4hrs

Full body massage / taster facial / mini manicure or pedicure / champagne / fruit / choc's.

**£100.00**

### **Pamper 2**

Up to 2hrs

Includes facial and mini manicure or mini pedicure and champagne.

**£60.00**

### **Wedding Bells - Full treatment**

This package is spread over 4 weeks prior to your wedding.

The package consists of 3 facials, manicure, pedicure, a slimming / full body scrub and a spray tan of your choice.

**£300.00**

All the above can be tailored to meet your needs; Full use of our Sanctuary Room during and after your visit to complete your stay.

## **Waxing**

### **Women's Intimate Areas**

- Brazilian **£20.00**
- Hollywood (all hair removed) **£25.00**

### **Men's Areas**

- Chest **£20.00**
- Back **£20.00**
  
- Lip/Chin Wax **£7.50**
- Underarms **£8.00**
- Arm Wax **£15.00**
- Lip & Chin Wax **£10.00**
- Half Leg **£18.00**
- Full Leg **£24.00**
- Bikini **£10.00**

## **Eye Treatment**

- Eye Brow Shaping **£6.50**
- Eye Brow Wax **£7.50**
- Eye Brow Tint **£8.50**
- Eye Lash Tint **£8.50**
- Eye Brow Wax & Lash Tint **£12.50**
- Eye Brow Tint & Shape or Wax **£12**
- Eye Brow & Lash Tint **£15.00**
- Eye Lash Perm & Tint **£28.00**

## **Spray Tanning**

### **LA Tan**

- The revolutionary airbrush tanning system **£20.00**



## Opening Times

Monday	CLOSED	-	CLOSED
Tuesday	9.00am	-	5.00pm
Wednesday	9.00am	-	8.00pm
Thursday	9.00am	-	8.00pm
Friday	9.00am	-	5.00pm
Saturday	9.00am	-	4.00pm
Sunday	CLOSED	-	CLOSED



We take great pride in our reputation and respect our clientele. Confidentiality will be maintained at all times and private consultations are available if required.